

COFFEE ALTERNATIVES



TEECINO – HERBAL COFFEE
TEECINO.COM

Dandelion Dark Roast
Made from: roasted organic carob, organic chicory, organic dandelion root, organic ramón seeds, organic natural coffee flavor*.

*All Teecino flavors are extracted from plants and comply with organic standards.



MATCHA TEA – GREEN TEA POWDER
ENCHA.COM/

Still contains caffeine but the levels are lower compared to coffee, and the effects are mitigated by the presence of L-theanine, a compound with calming effects



FOUR SIGMATIC FOODS –
FOURSIGMATIC.COM

Herbal powdered drinks that can be used hot or cold (avoid versions containing stevia)

Made from mushrooms: shiitake (healthy skin, detoxing - promotes bile production in the liver), maitake (blood sugar regulation), reishi (relaxing & promotes good sleep by naturally lowering cortisol), and chaga (immune boosting), cordyceps, Lion's Mane



TURMERIC LATTES



COFFIG – ROASTED FIG BEVERAGE
COFFIG.COM

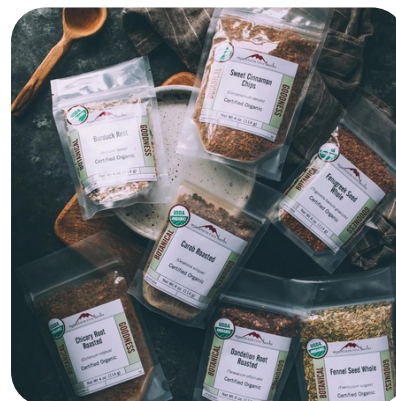


DANDY BLEND – MOST HARDCORE
COFFEE FOLKS LOVE IT
DANDYBLEND.COM

Made from: roasted roots of dandelion, chicory and beets, and the grains of barley and rye.



CRIO BRU – ROASTED/GROUND
CACAO BEANS
CRIOBRU.COM



MOUNTAIN ROSE HERBS – HERBAL
COFFEE
MOUNTAINROSEHERBS.COM

Made from: organic roasted dandelion root, organic roasted chicory root, organic roasted carob, organic maca powder.