

## OUR PURPOSE AS BIOLOGICAL DENTISTS:



#### NON TOXIC, BIOCOMPATIBLE MATERIAL

- Mercury free SMART, safe mercury removal
- Metal free, fluoride free, BPA free
- Chemical free clean office



#### BOOST YOUR IMMUNE SYSTEM

Because nothing is better than mother nature, we adjust your lifestyle if necessary and ask you to control your belief system.



#### STRATEGIC PLANIFICATION

- Improve your wellbeing
- Increase your bioage (different from your passport age).



### WHY A FUNCTIONAL AND INTEGRATIVE APPROACH?



As dentists, we are trained to solve your tooth issue. You come with a toothache and our job is to treat your tooth.

- > Do we try to understand the **root cause**?
- > Sometimes if it is mostly a local reason, but what if the root cause is a focal one?
- ➤ What is the chance?

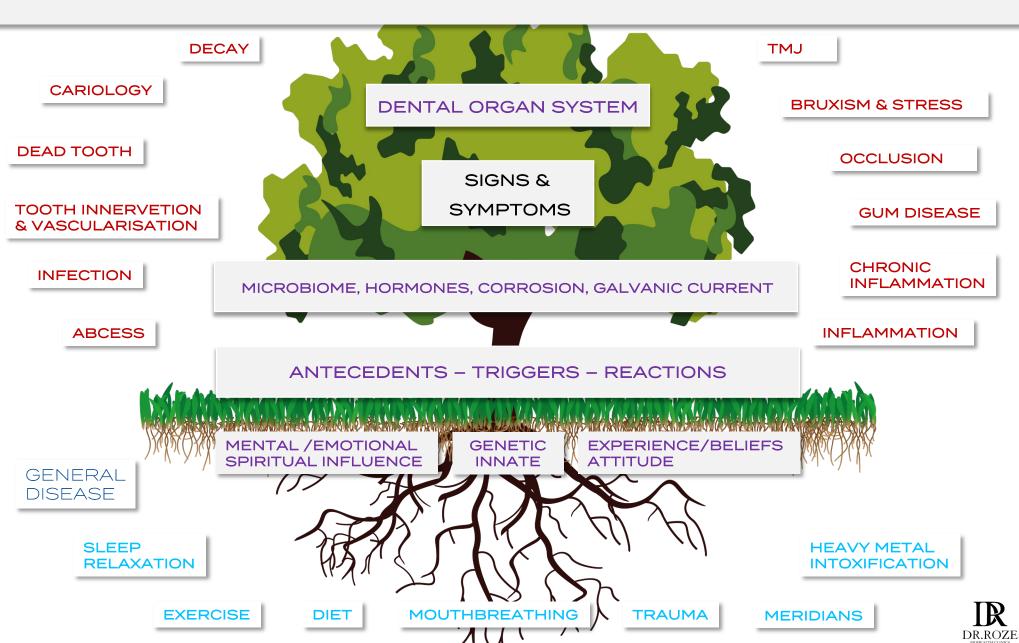
That goes for allopathic medicine in western medicine: For heart issues, you go to the cardiologist, for back issues, you go to the physio, and for migraine you visit your neurologist.

It is like the human body is assemble with parts that can be replace or change like servicing a car.

We rarely take the functional and integrative approach.

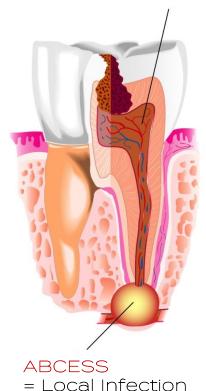


## THE TREE OF BIOLOGICAL DENTISTRY



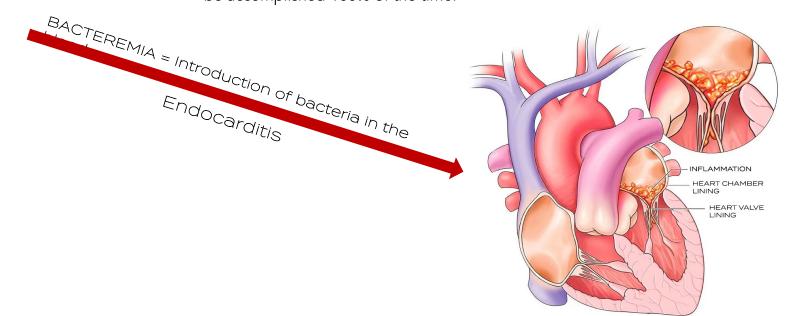
#### THE FOCAL INFECTION: DENTAL ABCESS TO HEART DISEASE

#### INFLAMED PULP



#### Mayo's Clinic & Weston Price - 1922

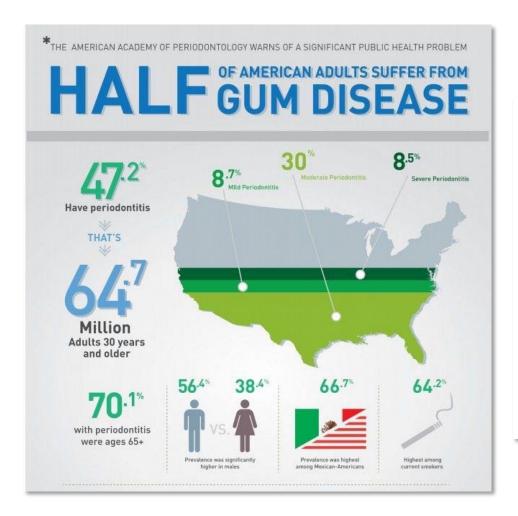
Dr. Weston Price was concerned about the pathological bacteria found in nearly all root canal teeth of that time. He was able to transfer diseases harbored by humans from their extracted root canal teeth into rabbits by inserting a fragment of a root canal root under the skin in the belly area of a test rabbit. He found that root canal fragments from a person who had suffered a heart attack, when implanted into a rabbit, would cause a heart attack in the rabbit within a few weeks. Transference of heart disease could be accomplished 100% of the time.

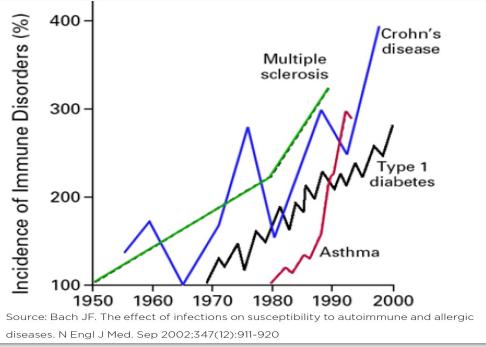






## DO YOU SUFFER FROM CHRONIC DISEASE?







## DO YOU KNOW YOUR LEVEL OF STRESS?

#### COMMON STRESS

- Psychological stress: Artificial stress and arise as a result of fears and images in our brain:
  - "I've lived through some terrible things in my life, some of which actually happened" – Mark Twain
- Emotional stress: Triggered as a result of stressful personal and work relationship, but also by locations and situations (traffic jams, loud noise).



- Electro magnetic field
- ❖ You live in the mountain or in Dubai?
- PHYSICAL STRESS (physiological & biochemical):

This can be caused by metals in the oral cavity, toxins from root canal treated teeth, allergens from filling materials but also by our diet.

Trigeminal nerve: occupies more than 50% of the brain cavity







CONCLUSION: Your level of STRESS = Common Stress + EMF + Physical Stress



## LINK BETWEEN STRESS AND CHRONIC DISEASE

- 1. Common stress -> consequence = Bruxism
- 2. EMF -> consequences: Parasympathetic system versus Sympathetic system
- 3. Physical stress:
  - a. Mercury amalgam
  - b. Wisdom teeth, Cavitation / NICO
  - c. Dental Implant
  - d. RCT
  - e. Leaky gum Leaky gut
  - f. Meridians



## ONE WAY TO EXPLAIN MEDICALLY UNEXPLAINED MIGRAINE

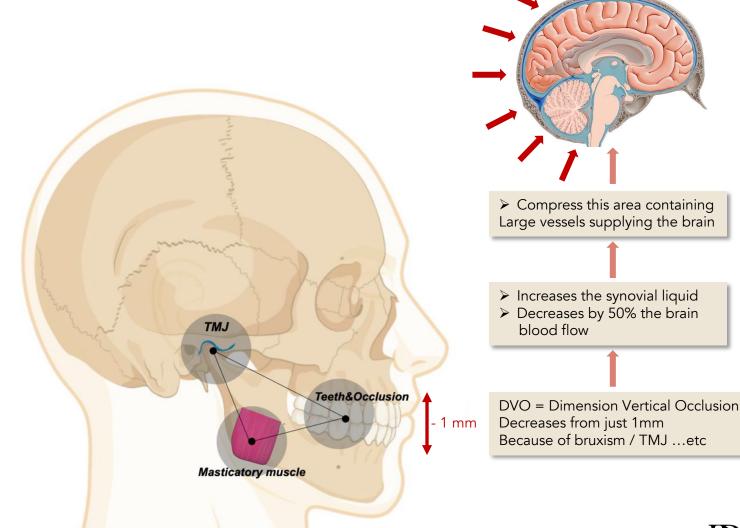
## Decrease occlusion by 1mm, decrease brain vascularization by 50%

- Bruxism typically causes decrease in occlusion and impacts on the condyle in its cavity
- > crushing of the vessels
- Dvo = vertical dimension of occlusion. It can be physiological or pathological.
- If loss of DVO, the root cause must be sought.
- One of them very often is stress which can be characterized by teeth grinding or strong pressure of occlusion/ bruxism.

Remember that the brain doesn't have any lymphatic system to remove toxins and waste.

So if the blood stream to the brain isn't sufficiently guaranteed, with a 50% decrease of its flow, then the pressure can generate unbearable pains in the back of the head, neck and shoulders because of this hypertension.

Typical example of "unexplained migraine" medically speaking.

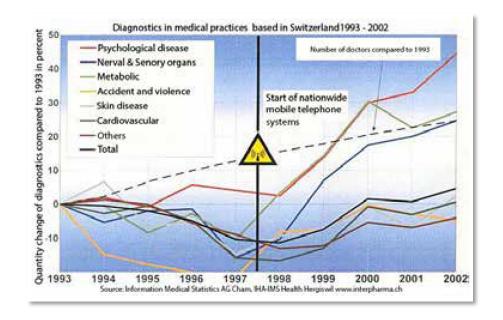


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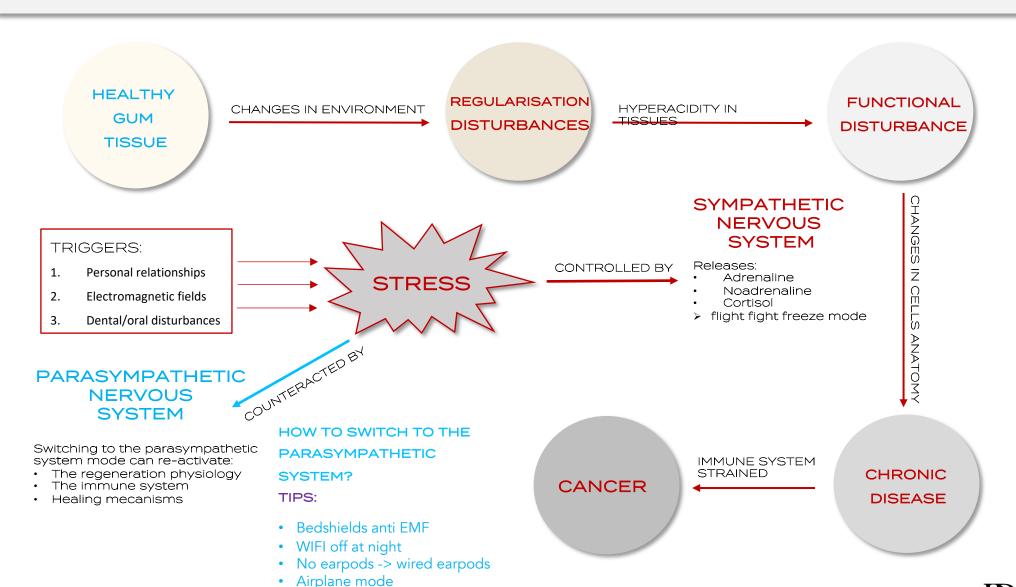
#### system

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### SYMPATHIC VERSUS PARASYMPATHIC NERVOUS SYSTEM



Vivobase

• Blue Blocking glasses



## LINK BETWEEN STRESS AND CHRONIC DISEASE

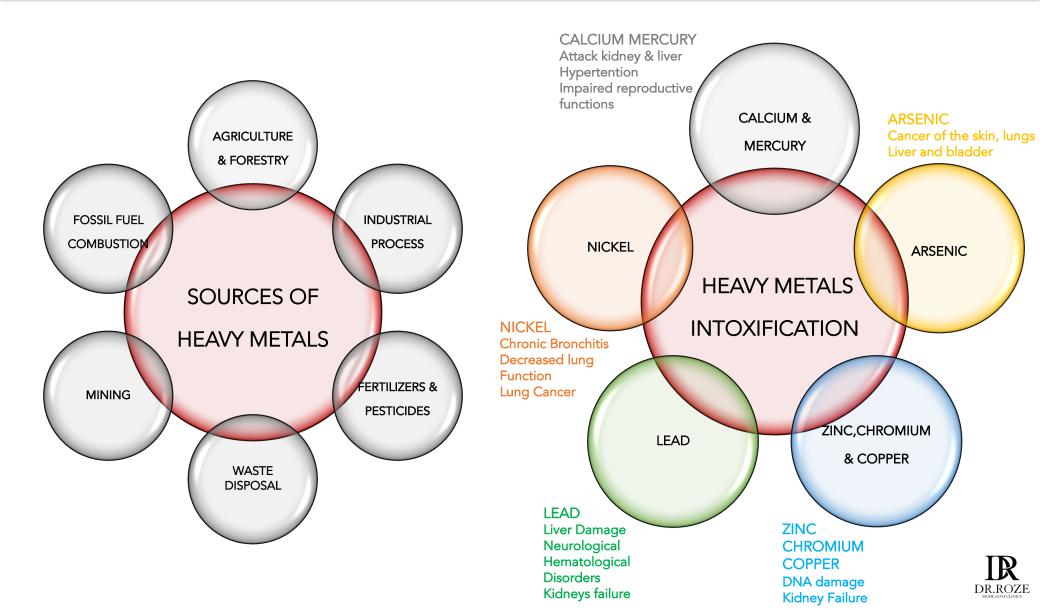
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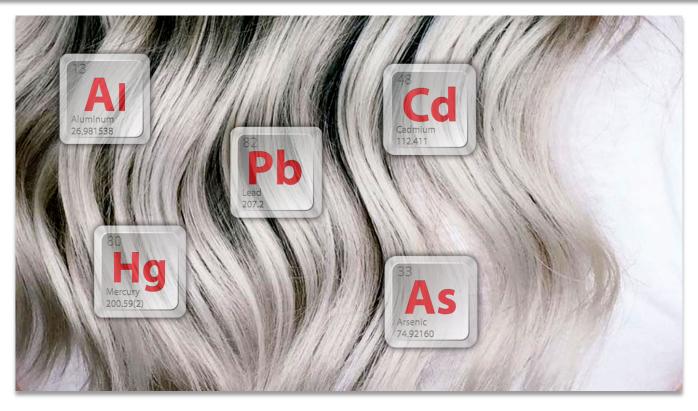
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## HEAVY METAL INTOXICATION



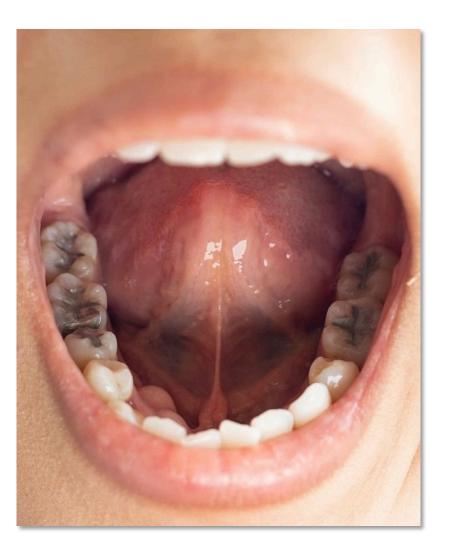
## HEAVY METAL INTOXICATION: HAIR TESTING



- With respect to its contained elements, hair is essentially an **excretory tissue** rather than a functional tissue. **Hair element analysis** provides important information which, in conjunction with symptoms and other laboratory values, **can assist the physician with an early diagnosis of physiological** disorders associated with aberrations in essential and toxic element metabolism.
- As protein is synthesized in the hair follicle, elements are incorporated permanently into the hair with no further exchange or equilibration with other tissues. Scalp hair is easy to sample, and because it grows an average of one to two cm per month, it contains a "temporal record" of element metabolism and exposure to toxic elements.
- Nutrient elements including magnesium, chromium, zinc, copper and selenium are obligatory co-factors for hundreds of important enzymes and also are essential for the normal functions of vitamins. The levels of these elements in hair are correlated with levels in organs and other tissues.



## DENTAL AMALGAM FILLINGS: DID YOU KNOW?













All silver-colored fillings are dental amalgam fillings, and each of these fillings is approximately 50 % Mercury (neurotoxic).

Metal fillings + crowns -> potential exposure to mercury, nickel, silver, tin, copper, gold, palladium, all of which release metallic ions (charged metal particles)

Mercury vapor is continuously emitted from dental amalgam fillings, and much of this mercury is absorbed and retained in the body.

Breathing mercury vapors can harm the nervous system, lungs and kidney. Mercury vapors can pass easily from the lungs to the bloodstream.

If you want to remove your amalgam fillings and replacing them with safe, non toxic material please get in touch with our IAOMT Certified

Specialists (SMART PROTOCOL)

### FATE IN THE BODY OF TOXIC MERCURY VAPOR ...

#### **CLINICAL CASE DR**

AUTOIMMUNE DISEASES

MHC Code (Major Histocompatible Complex)

Heavy metal like dental amalgam fillings made of mercury change the MHC code. If this change affects:

- Muscle cell -> Fibromyalgia
- Nerve Cell -> Alzheimer disease

#### **CLINICAL DR**

AUTISM

Axonal Transport: ENDOTOXINS

Heavy metal like dental amalgam fillings
made of mercury can be transported via

AXON (nerve fibers).

Nerve fibers -> Autism

#### **SCIENTIFIC STUDY 1:**

Quantity of mercury in the mouth = same quantity of mercury in the brain



#### **SCIENTIFIC STUDY 2**

➤ Effects of the mercury (neuro toxic) on neurons is equivalent in 80% to the symptoms found in Alzheimer's disease.



But you can't say that your amalgam filling made of Mercury is going to give you Alzheimer's disease;

- > Think by yourself
- ▶ Be aware

#### **FACTS SHEETS:**

- FDA acknowledged officially the effects of Mercury last year
- Dentistry is the only medical discipline still using Mercury
- Dentistry is the industry which uses the most Mercury in the world
- Scandinavian countries: Mercury fillings are just banned
- France: Mercury prohibited for pregnant women and children
- Smart protocol: when Mercury is removed with 7 layers of protection by your specialist -> The metal is placed in a hazardous sealed box



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### WHAT IS A « CAVITATION » or Ischemic osteonecrosis?

- 1. A dental cavitation is an area of infection or inflamation or necrosis within the jaw bone.
- 2. If not treated correctly, it will fester and toxic elements could spread to others areas of the Body.
- 3. This type of lesion may be a hollow space surrounded by dead bone, or it may be filled with various inflammatory, toxic, or infectious elements.
- 4. One of the problems with a dental cavitation is that most of these lesions are painless.
- 5. However, if there is pain, they are usually called "Neuralgia-Inducing Cavitational Osteonecrosis" (NICO).







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#### TITANIUM IMPLANT

- Allergic reactions
- Titanium Allergy
- Metal Allergy
- Electrical conductor\*
- X Thermal conductor
- Corrosion sensibility
- X Galvanic Reaction
- X Tissue discoloration
- Creyness showing through the gum
- X Metallic taste
- X No Desmosomes lock
- Easy to place
- Cheaper
- Complex rehabilitation



#### CERAMIC IMPLANT



- Hypoallergenic
- Bio Compatible
- Non-conductive
- Corrosion resistant
- ✓ Very strong & Durable
- Bioactif
- Non toxic
- Remarkable integrationwith the bone
- Desmosomes lock
- Non polar structure
- ✓ No plaque buildup
- ✓ No metallic taste
- Aesthetic advantage of

being white



### BENEFITS OF DENTAL OZONE THERAPY

#### **APPLICATIONS**

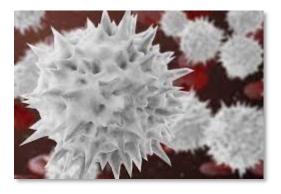
- Oral lichen planus
- Gingivitis & Periodontitis
- Halitosis
- Osteonecrosis of the jaw
- Pain management
- Plaque & biofilm elimination
- Root Canal Therapy
- Sensitivity
- Temporomandibular Disease
- · Teeth Whitening

#### **EFFECTS**

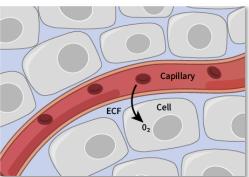
- Anti- microbial
- Immune-Modulatory
- Antihypoxic effect
- Anti-inflammatory
- Bio-Synthetic



TREATS CAVITATIONS
 AND DEEP INFECTIONS
 BY KILLING PATHOGENS



STIMULATES WHITEBLOOD CELLS TOFIGHT INFECTIONS



3. INCREASES TISSUE
OXYGENATION TO
SUPPORT THE BODY'S
HEALING PROCESS



## BENEFITS OF PRF IN BIODENTISTRY

#### **CLINICAL APPLICATION**

Since a-PRF<sup>TM</sup> multiplies the body's natural healing ability, there is a wide range of applications in dentistry, such as:

- Dental Implants (1)
- Bone Regeneration, such as Jaw
   Augmentation or Sinus Lift procedures (2)
- Tooth extraction including wisdom tooth (3)
- Gum Regeneration (4)
- Cosmetic Periodontal Surgery (5)

#### HOW DOES IT WORK?

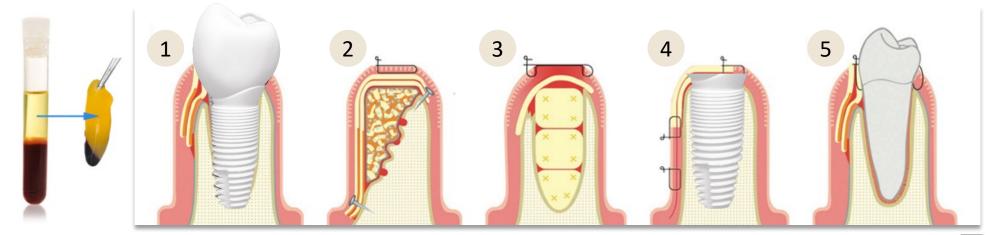
The goal of this method is to collect an a-PRF

<sup>™</sup> clot – platelet rich fibrin – from the
patient's own blood.

This clot is rich in leukocytes and growth factors such. These growth factors help the body heal by activating stem cells to regenerate new tissues. The more growth factors are released during healing, the more stem cells will be activated to produce new tissue.

#### **BENEFITS**

- Faster healing
- Less post-operative swelling and pain
- Increased vascularization in the operated area
- Lower risk of infection and complications especially in complex cases
- Better and faster bone regeneration
- The a-PRF<sup>TM</sup> is a 100% natural method since we isolate growth factors from the patient's own blood

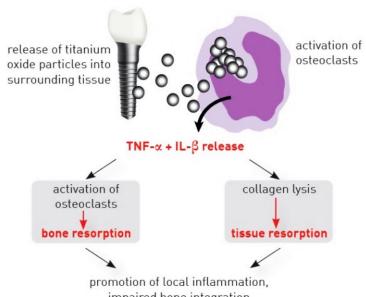


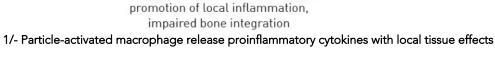
## DENTAL TITANIUM IMPLANT ALLERGY

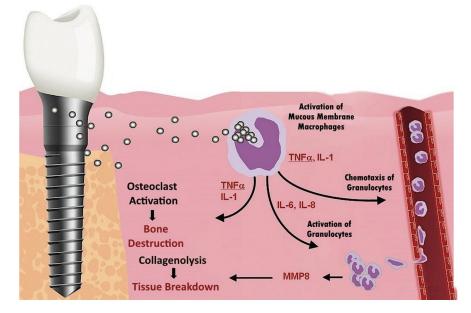


- Titane Allergy (very rare) happens (<2%)
- Titane particles can trigger particular induced inflammation.
- Macrophages are activate and phagocytized these particles
- > Stimulus osteoresponse = pro-inflammatory cytokines (TNF&, IL-B)
- > Periimplantitis
- Polishing neck
- More particles
- ➤ More Inflammation

- Replace Titanium implant by ceramic
- Vit C / D3, K2, K&,
   Magnesium, Zinc and
   Omega 3 Supplementation







2/- Activated macrophages activate an inflammatory cascade



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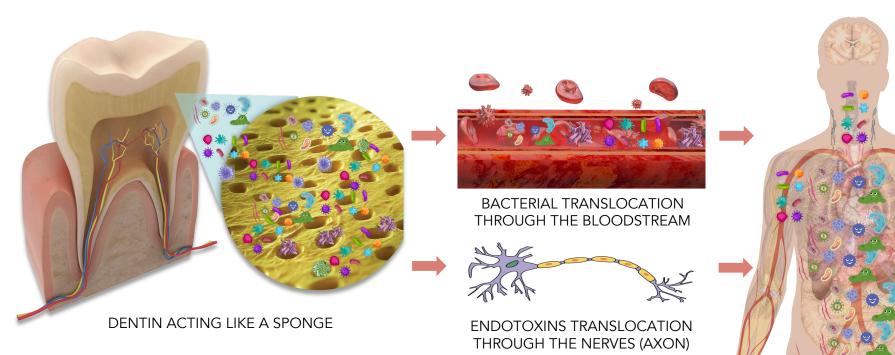
## ROOT CANAL TREATMENTS: SILENT KILLERS & INFLAMMATION

#### **FACTS:**

- Tubule diameter in the dentin:  $1 \pm 3 \mu m$
- Bacteria diameter : 0.06 μm
- Macrophage diameter: 0.20 μm
- 40 000 dentin tubules: 60000 tubules per mm³ per tooth

#### **FOCUS:**

- Dentin is porous (diameter: 1 to 3 μm = huge canals comparing to bacterias' diameter) and acts like a sponge.
- Microbes, bacteria are absorbed...Microbes, bacterias escape in the bloodstream (Bacterial translocation) characterized by endotoxemia (Increase of endotoxins in the bloodstream) and spread.
- Widespread inflammation throughout the rest of the body



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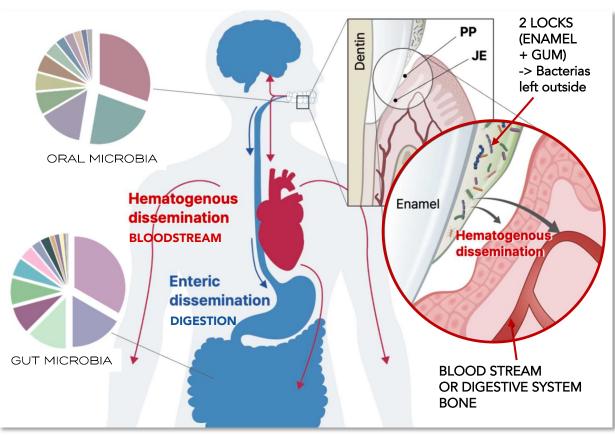
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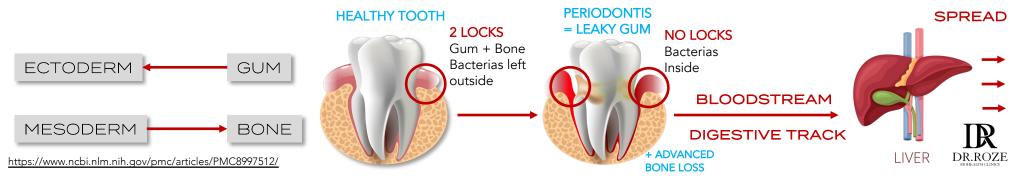


## HOW LEAKY GUM CAN SPREAD INTO LEAKY GUT:



#### MOUTH:

- Mirror of the body
- Air Food
- 5<sup>th</sup> Cranial Nerve taking 50% of the total space of the 12 cranial nerves
- ECTODERM = Primary germ layers of the Gum
   / Stomach / Intestine.
- THE ECTODERM gives rise to the skin and the nervous system.
- THE MESODERM specifies the development of several cell types such as bone, muscle, and connective tissue.
- Cells in the ENDODERM layer become the linings of the digestive and respiratory system, and form organs such as the liver and pancreas.



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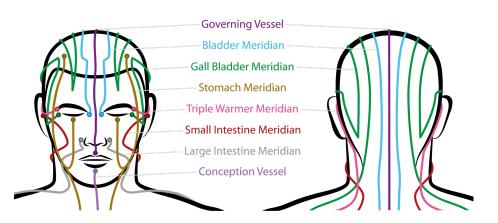
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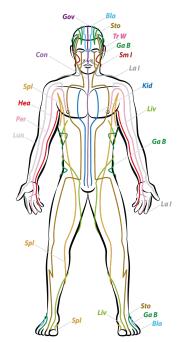
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## MERIDIAN SYSTEM AND LINKS BETWEEN TEETH & ORGANS





#### Two Centerline Meridians:

Conception Vessel Governing Vessel

#### Twelve Principal Meridians:

Stomach Meridian
Spleen Meridian

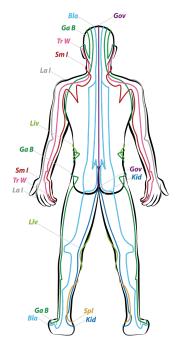
#### Small Intestine Meridian Heart Meridian

Bladder Meridian Kidney Meridian

Pericardium Meridian
Triple Warmer Meridian

#### Gall Bladder Meridian Liver Meridian

Lung Meridian Large Intestine Meridian



#### **MERIDIANS:**

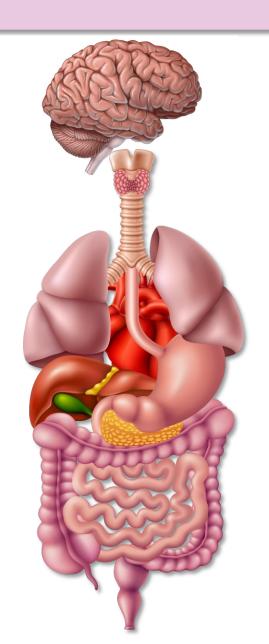
- Through the facial muscle
- Acupuncture points
- Neurovascular bundle
- Transmission of information along the meridians demonstrated by injecting radioactively labelled substances at the acupuncture point.
- 2. Each of these meridians traverses a specific tooth group and its associated with certain atomical structures and organ zones
- 3. If a biological dentist is familiar with the teeth and the dental zones that are linked to a particular organ or organ zone, this allows him or her to have a targeted consultation, with the patient, based on disturbances along this meridian.
- To stimulate improvement along the meridian related to the painful zone, with neural therapy in the corresponding tooth zone = Procaine injected in the corresponding tooth
- 5. MYOTOM: Oral Cavity around the teeth C! and C2. Basically,all oral disturbances in the mouth appear as neck pains, usually associated with limitations of the mobility of the head.

MERIDIAN: Traverses tooth system

Daily basis: 15 000 tooth contacts



## THE ORAL HEALTH & GUT-BRAIN AXIS « GBA »:



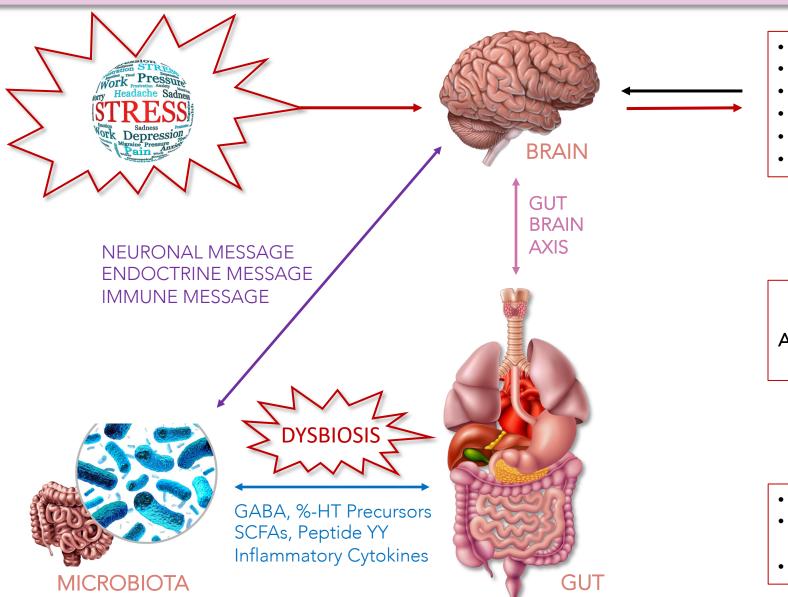
The Gut - Brain Axis (GBA) consists of communication between the central and the enteric nervous system, linking emotional and cognitive centers of the brain with peripheral intestinal functions.

A healthy gut biome is integral to decreasing your risk for diseases of the brain and nervous system.

Your oral health has downstream effects in virtually every other system in the body.



## THE ORAL HEALTH & GUT-BRAIN AXIS EXPLAINED:



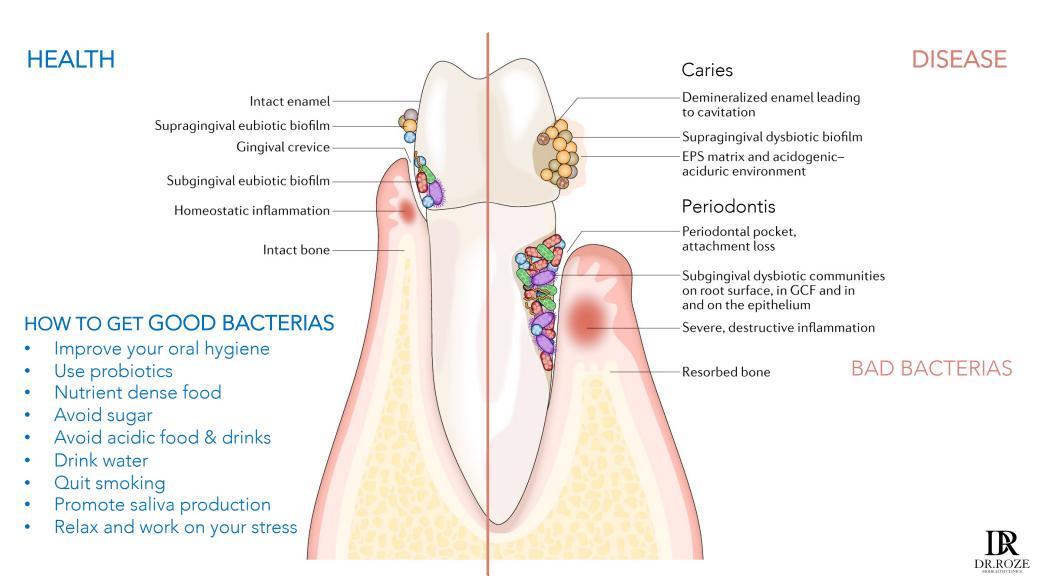
- Psychological Disorders
- Abnormal Behavior
- Cognition Deficit
- Anxiety
- Autism
- Visceral pain

Neuroendoctrine Systems Neuroimmune Suystem Autonomic Nervous System Enteric Nervous System

- Functional GI Disorders
- IBS (Ulcerative Colitis & Crohn's disease
- Post Infections IBS



## YOUR ORAL MICROBIOME IS THE MAKEUP OF THE MICROORGANISMS IN YOUR MOUTH AND THROAT



## HOW IMPORTANT IS YOUR ORAL MICROBIOME FOR YOUR OVERALL HEALTH?





## HOW TO KEEP YOUR ORAL MICROBIOME WELL BALANCED AND HEALTHY?

- FOOD HABIT
- > SMOKING
- DISEASES



- POOR ORAL HEALTH
- MEDICATIONS

## DISRUPTED ORAL MICROBIOME



- PERIODONTIS
- TOOTH LOSS
- GINGIVITIS
- ORAL CANCER



RESPIRATORY DISEASES:

- PNEUMONIA
- ASTHMA
- COPD
- LUNG CANCER



### HOW SALIVA IS IMPORTANT AND BENEFITS ORAL HEALTH:

#### **BENEFITS**





#### **SALIVA CONTAINS:**





99% water



Enzymes



**Proteins** 



Fights infection



Heals wounds



Promotes blood clotting



Minerals



Antibacterial compounds



Mucous



Reduces pain



Enables swallowing



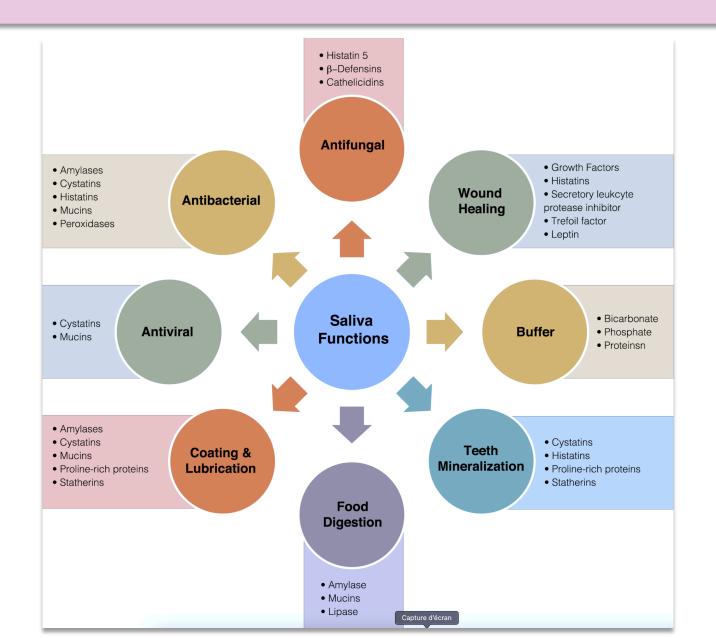
Prevents heartburn



Dissolves food chemicals, allowing taste bud receptors to detect them

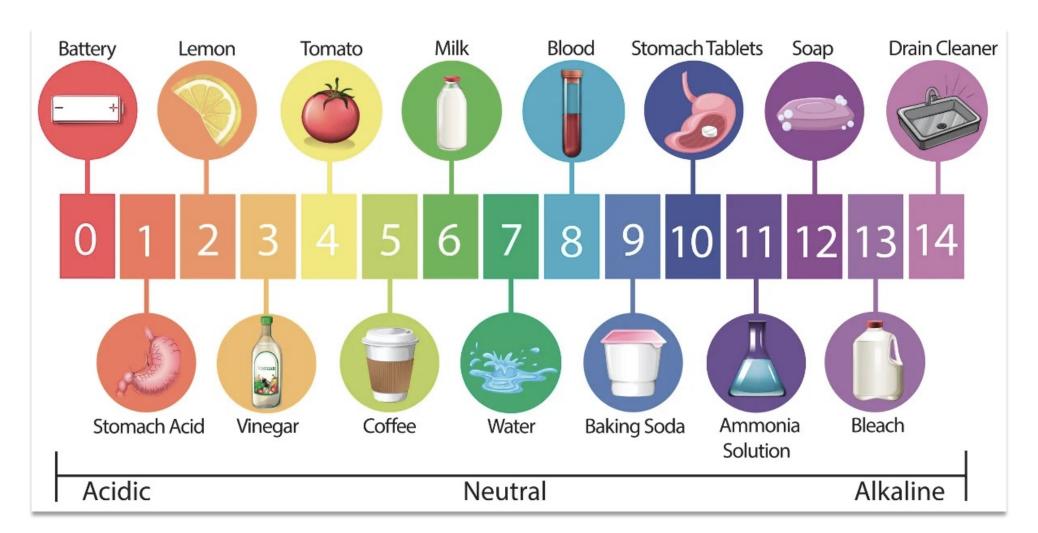


## WHAT ARE THE FUNCTIONS OF SALIVA?





## HOW CAN YOU GET YOUR SALIVA TESTED: PH SCALE





### TIPS AND TRICKS: HOW TO MAINTAIN A HEALTHY SALIVA?

To keep your saliva healthy and producing at a high rate:

- 1. Stay well-hydrated. Experts suggest drinking half your body weight in ounces of water every day. If you weigh 150 pounds, you should drink at least 75 ounces of water each day. Eat hydrating foods, too, like celery and watermelon.
- 2. Address seasonal and household allergies to help encourage nasal breathing and avoid mouth breathing.
- 3. Practice good oral hygiene, including teeth brushing, flossing, tongue scraping, and oil pulling.
- 4. Chew erythritol or xylitol gum and/or mints. These sugar alcohols increase the amount of saliva you produce and may support tooth remineralization.
- 5. Eat foods of different textures. Eating foods that require significant chewing encourages salivary flow.
- 6. Mouth Tape every night. Mouth breathing during sleep is one of the main drivers of dry mouth.
- 7. Use artificial saliva products like Biotene gel which provide moisture for people who simply can't produce enough saliva. In severe cases, your dentist may be able to prescribe sprays to moisten the mouth.
- 8. Avoid traditional mouthwash. Most mouthwash dries out the mouth and destroys the oral microbiome.
- 9. Rinse with a diluted baking soda solution a few times per day. This may provide an additional buffer within the mouth and keep cavities under control.

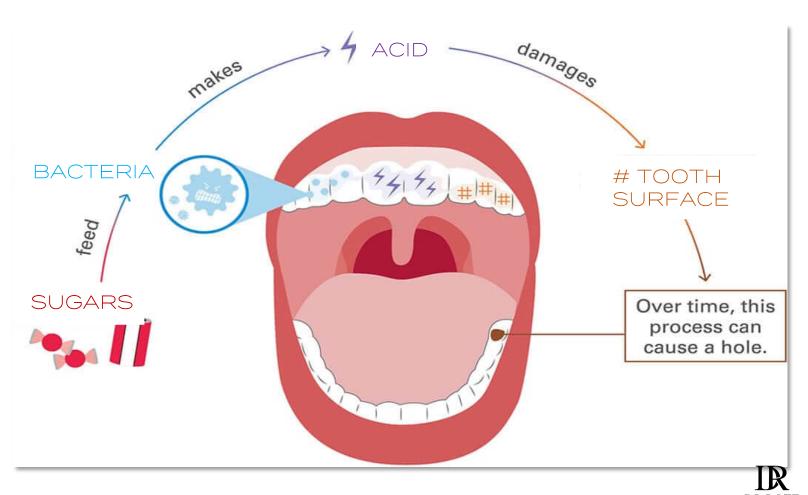
Can saliva damage teeth? Technically, a lack of saliva can damage teeth.

If you sleep with your mouth open, have a condition such as Sjogren's syndrome, or take medications that cause dry mouth, you probably have low rate of saliva flow. Particularly at night, slow saliva flow will lead to cavities and potentially other issues like gum disease or sensitive teeth.

# TOOTH DECAY HAPPENS WHEN THERE IS IMBALANCE IN THE ECOSYSTEM DUE TO:

Tooth decay happens when there is an imbalance in the ecosystem of the mouth due to

- Fluctuation of the Ph of the saliva
- 2. Acid bacteria too numerous
- Fluctuation of the saliva flow ( too little due to mouth breathing, medications...)
- 4. Change in the microbial composition due to chronic inflammation, poor dental restoration, etc



## HOW TO MANAGE YOUR TEETH AT HOME?

**HYDROXYAPATITE** 

**FLOSSING** 

ALKALIZING RINSES







**OZONATED OIL** 

**SUPPLEMENTS** 

**TOOTH POWDERS** 



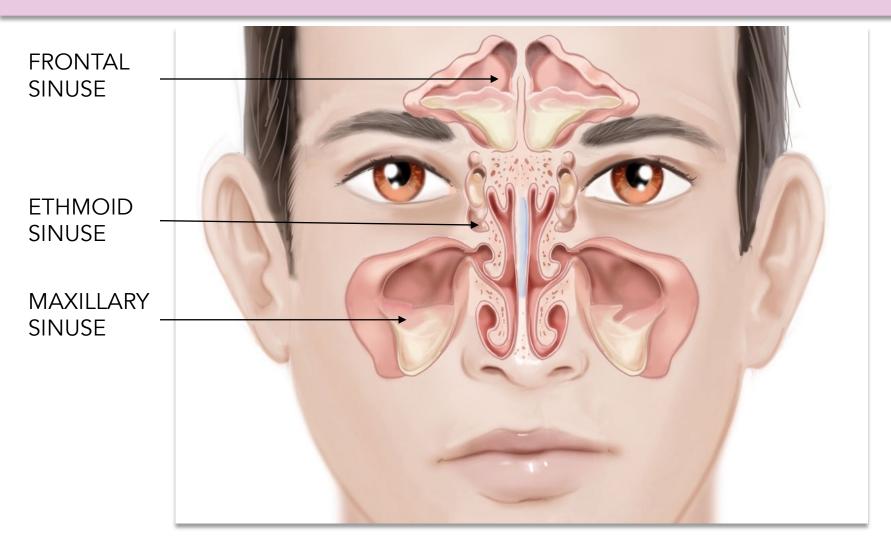




CAVITY REMINERALIZATION & REVERSAL TIPS



## WHY NASAL BREATHING IS VITAL?



BECAUSE OUR PARANASAL SINUSES PRODUCE A CRITICAL NUTRIENT: « NITRIC OXIDE »



## NITRIC OXIDE IS A MIRACLE MOLECULE:



- ✓ INCREASES ENERGY PRODUCTION
- ✓ INCREASES BLOOD FLOW TO VITAL ORGANS
- ✓ MANAGES DIABETES BY REGULATING INSULIN
- ✓ PREVENTS DIABETES COMPLICATIONS
- ✓ LOWERS BLOOD PRESSURE & LOL
- ✓ REVERSES ATHEROSCLEROTIC PLAQUE FORMATION
- ✓ REVERSES KIDNEY DISEASE / FAILURE
- ✓ OFFSETS DAMAGE FROM TOBACCO USE
- ✓ ENHANCES MEMORY AND COGNITIVE FUNCTION
- ✓ ANTI-AGEING EFFECTS
- ✓ BOOSTS EXERCICE PERFORMANCE AND ENDURANCE

## WHY IS MY CHILD MOUTH BREATHING OR SNORING AT NIGHT?

INCORRECT TONGUE POSTURE

**ALLERGIES** 

OBSTRUCTED AIRWAYS



TONGUE TIE

ENLARGED TONSILS ADENOIDS

LOW MUSCLE TONE



## DO YOU KNOW THE IMPORTANCE OF LIPS CLOSED AT REST?



1 PREVENTS DRY MOUTH

2 PROMOTES NASAL BREATHING

HELPS TO MAINTAIN BALANCE OF THE ORAL MICROBIOME

4 ENCOURAGES PROPER ALIGNEMENT OF THE TEETH



CONVENTIONAL (ALLOPATHIC) MEDICINE	FUNCTIONAL, INTEGRATIVE MEDICINE
Diagnoses Illness	Identifies the sources of illness
Treats Illness	Restores healthy functions to enable the body to eliminate illness
Relies primarily on pharmaceuticals, surgery and medical procedures to treat illness	Employs numerous approaches, including conventional, functional, chiropractic, osteopathic, nutrient infusion, weight loss, orthopedic, foundation training, environmental interventions, and lifestyle changes
Treats all patients with similar symptoms alike	Tailors the treatment to each individual
Patients passively receives treatments	Patients actively participates in diagnosis and treatment, which often requires attending to environmental and lifestyle factors.
Treats from the outside in to alleviate symptoms and illness	Treats from the inside out to remove the source of illness and restore health

# BIOLOGICAL DENTISTS AND FUNTIONAL DOCTORS HAND TO HAND

CONVENTIONAL (ALLOPATHIC) DENTISTRY	BIOLOGICAL DENTISTRY
Focuses solely on fixing the immediate dental problem	Identifies the sources of the problem taking a whole approach of the body
Appropriate within the context of emergencies	Heals chronic illnesses and inflammations correcting the dental procedures that might have causes or aggravated them
Conventional diagnostic tools, antibiotics / painkillers treatments	Specific X Rays with immune boost treatment, PRF and ozone dental therapies
Root canal Treatment for tooth being infected or damaged	Avoids Root Canal Treatment and if ultimately needed, Doctor Roze Protocol "Revitalizing Endodontics"
Tooth extraction including wisdom tooth	Dr Roze Protocol "Biological Extraction" to avoid cavitation or dry socket
Mercury amalgam fillings, crown and titanium implants	Smart Protocol, bio-Compatibles materials and ceramic implantology

## THANK YOU!

#feelgoodandsmile

