

## Why do babies need special toothpaste?

**Babies and toddlers should not use regular toothpaste.**

*Children don't develop the ability to spit until around age three, meaning they ingest whatever chemicals are in the toothpaste.*

### 1. Jack N' Jill Natural Toothpaste



**Ingredients:** Xylitol, Purified Water, Vegetable Glycerin (Coconut derived), Silica, Xanthan Gum, Potassium Sorbate (Naturally derived), Citric Acid

**Flavors:** Unflavored is my first choice, but, hey, if you need a little flavor to motivate your kid, go right ahead!

Available: [Amazon.com](https://www.amazon.com)

### 2. Hello Toddler Training Toothpaste



**Ingredients:** vegetable glycerin, sorbitol, purified water, aloe vera gel, hydrated silica, xylitol, erythritol, xanthan gum, flavor, calcium glycerophosphate (mineral), potassium sorbate and stevia rebaudiana leaf extract (sweetener).

**Flavors:** Organic Apple, Bubble Gum, Blue Raspberry, Natural Watermelon, Wild Strawberry

Available: [Amazon.com](https://www.amazon.com)



### 3. Dr. Brown's natural baby toothpaste

**Ingredients:** Glycerin, Aqua (Water), Xylitol, Propanediol, Sorbitol, Pectin, Xanthum Gum, Silica, Sorbic Acid, Aroma (Flavor), Calcium Lactate

**Flavors:** Real Pear or Real Apple

Available: [Amazon.co](https://www.amazon.com)

#### 4. Babyganics Fluoride Free Toothpaste, Strawberry



**Ingredients:** Purified Water, Carboxymethyl Cellulose, Xylitol, Sodium Citrate, Citric Acid, Flavor, Potassium Sorbate, Stevia

**Flavors:** Strawberry and Watermelon

Available: [Amazon.com](https://www.amazon.com)

#### 5. Earth's Best



**Ingredients:** Glycerin, aqua (water), xylitol, panthenol, cellulose gum, avena sativa (oat) bran, beta-glucan, calcium lactate, flavor.

**Flavors:** Apple & Pear

Available: [Amazon.com](https://www.amazon.com)

#### 6. RiseWell



Concerned about cavities? RiseWell uses hydroxyapatite, which makes up a huge percentage of natural tooth structure, to support remineralization. Plus, it's non-toxic!

**Ingredients:** Silica, Sorbitol, Glycerin, Xylitol, Hydroxyapatite, Calcium Carbonate, Propanediol, Vanilla Planifolia Fruit Extract, Potassium Cococate, Stevia Rebaudiana Extract, Erythritol, Echinacea Purpurea Extract, Cellulose Gum, Gluconate, Xanthan Gum

**Flavor:** Birthday Cake

Available: [risewell.com](https://www.risewell.com)